



1. Shampoo and condition hair without additional styling products. **Dry your hair thoroughly.**

2. Collect hair at the nape and secure tightly with an elastic band. Tie the band below the area where you want to cut your hair. **Untied hair donations will not be accepted.**



3. Measure the length of the ponytail from the elastic band to the tips. **Hair donations shorter than 12 inches will not be accepted.**

4. Cut the hair just above the elastic band so the hair won't unravel. **Do not style or put any products on the hair after it has been cut.**



5. Place hair in a clear plastic bag with your name, contact number and email address.

6. For SHIPPING, Dropping-Off, or Walk-In Hair Donations in the PHILIPPINES:
Cuts AGAINST Cancer
in the Philippines
ATTN: Ms. Ma. Lynsel D. Salvacion, CAC Liaison
82 - C Pajo St., Project 2
Quezon City 1102
PHILIPPINES

